AUGUST-SEPTEMBER 2024

FORCE REPORT

17TH FORCE MASTER CHIEF PATRICKPAUL "PaP" MANGARAN
DIRECTOR OF THE HOSPITAL CORPS

As we entered the final stretch of the fiscal year, I'm proud to say that Navy Medicine continues to operate at full speed. This 4th quarter took us across the fleet, connecting with the heart of our mission—our fellow warfighters.

We began with a trip to the Tidewater area, followed by a visit to the Naval Safety Command. The highlight of the month was the change of command for Naval Medical Forces Atlantic, where we bid farewell to Rear Adm Matthew Case and welcomed Rear Adm. Kevin Brown as the new commander. It was a moment of reflection and renewal as we looked forward to the next chapter for NMFL.

Next, I headed to Camp Lejeune, where I had the privilege of spending time with our outstanding HMs at the School of Infantry East. Their motivation and dedication were clear as I observed training evolutions and engaged in meaningful conversations with them. Keep driving forward, SOI East—you're doing great things! And to SOI West, I haven't forgotten about you!

From there, I traveled to San Antonio to represent MCPON at the Non-Commissioned Officers Association 2024 Annual Membership Meeting and Vanguard Awards Tribute. I had the honor of participating in the Senior Enlisted of the Services Panel, where I discussed the Navy's current programs and efforts. It was a great opportunity to represent Navy Medicine and our corps on the national stage.

Following that, I visited Navy Medicine Readiness and Training Command (NMRTC) Twentynine Palms, reconnecting with our fellow warriors at the hospital and our Fleet Marine Force. The all-hands call was packed with enlisted Sailors and officers alike, and the warm welcome reminded me of my days as command master

chief for 1st Marine Division. Thank you for your continued hard work and dedication.

We continued on to Naval Medical Forces Pacific, where I conducted a town hall and personally thanked the leadership and staff for their outstanding contributions to Navy Medicine. It was a pleasure to see so many familiar faces and witness the incredible work being done to keep our warfighters in the fight.

We then visited NMRTU San Diego (formerly Branch Health Clinic 32nd Street), where their team's dedication to warfighter support is unmatched. We also toured Afloat Training Group (ATG) San Diego and USS Portland (LPD 27) and USS Mustin (DDG 89), witnessing firsthand the impressive shipboard drills and training that keep our shipmates mission-ready. Being on board brought back memories from my shipboard HM days and reassured me that our warfighters are in excellent hands. Our Surface Force independent duty corpsmen are crushing it in Surface Forces Pacific!

The trip concluded with a visit to Naval Expeditionary Medicine Warfighter Development Center (NEMWDC), formerly Naval Expeditionary Medical Training Institute (NEMTI), where I was reminded of the essential role they play in ensuring our warfighters are prepared for any challenge. NEMWDC's contributions to warfighter readiness cannot be overstated.

I was also honored to attend the Armed Forces Medical Symposium in Jacksonville, Florida, where our Navy IDCs, Air Force Independent Duty Medical Technicians (IDMTs), and Coast Guard Independent Duty Health Services Technicians (IDHS) gathered for a week of training, fellowship, and mentorship. These are the professionals who deliver care in the most austere environments, ensuring that our warfighters are ready to return to the fight. Your dedication is vital, and I thank each of you for your service.

We then closed out the month with the keel-laying ceremony for the USS William Charette (DDG 130) in Bath, Maine. It was a profound moment to witness our Surgeon General speak at this event, honoring a ship named after one of our own—a hospital corpsman.

As I look back on this fiscal year, I'm filled with pride and gratitude for all that we've accomplished together. Our mission in Navy Medicine is more important than ever, and it's your hard work and dedication that make it happen. Whether ashore, in the air, or at sea, let's continue to honor the legacy of those who came before us by being the best hospital corpsmen and warfighters we can be every day.

Stay motivated, stay hydrated, and always remember—change your socks!

CAREER COUNSELOR CORNER

Navy App Locker

The Navy App Locker, www.applocker.navy.mil, is the official Navy App Store, and home to 82 apps created by Sailors, for Sailors. These practical and informative tools can help you and your family throughout your Navy career, from the convenience of your own smartphone.

Scan the QR code in this image to download the Navy App Locker, or search for it in the App Store or on Google Play. You'll find training and readiness resources, a Foreign Culture Guide to help you on deployments abroad, Official Navy PFA prep tools, the PMK-EE exams, records management guidelines, financial literacy resources, and dozens more apps to help you navigate the logistics of your Navy career.

Have a question about the apps, or a suggestion for a new one? Email navyapps.fct@us.navy.mil.

NAVY MEDICINE FAST FACTS

September 2024

This document serves as a comprehensive and engaging resource showcasing the diverse career paths, impactful contributions, and unique culture of Navy Medicine. Fast Facts highlights the outstanding achievements and contributions of Navy Medicine personnel and serves as a reference to succinctly communicate the Navy Medicine mission and priorities. Download the latest issue HERE

DEFENSE HEALTH AGENCY

Message from Senior Enlisted Leader

Teammates,

Happy New Fiscal Year 2025! As we move out on another busy year, I want to share some insight into why I ask you to lead with grace. Recently LTG Crosland shared the following quote with me, and I realized it might help clarify my intent:

> I *have come to the frightening conclusion that I am the decisive element. It is my personal approach that creates the climate. It is my daily mood that makes the weather. I possess tremendous power to make life miserable or joyous. I can be a tool of torture or an instrument of inspiration; I can humiliate or humor, hurt or heal. In all situations, it is my response that decides whether a crisis is escalated or de-escalated, and a person is humanized or dehumanized. If we treat people as they are, we make them worse. If we treat people as they ought to be, we help them become what they are capable of becoming. ~ Johann Wolfgang von Goethe*

When I say "lead with grace" what I'm asking is that you approach every situation with understanding and compassion, not just for your teammates but for yourself. As Goethe said, we are the decisive element. How we respond to challenges is up to us – we have the power to make life miserable or joyous.

As a leader, it's my job to help each member of our DHA team "become what they are capable of becoming." That means doing my best to be a positive influence. It means listening, engaging, and caring about each of you. It's about taking care of myself so I can take care of others. I know this might feel daunting – it isn't easy, and we all have bad days – but I encourage you to reflect on the ways you are the decisive element and strive to create a climate where you can be an instrument of inspiration.

You are integral to our mission and the Director and I are thankful for everything you do to improve health and build readiness for those we're privileged to serve.

Be well and lead with grace.

Chief J

Tanya Y. Johnson, CMSgt, USAF

PLAN OF THE MONTH

Your Leadership Tool for Communicating Internally

SEPTEMBER 2024

IMPORTANT DATES:

Feb. 1-Nov. 30	CY24 PRT Cycle
Aug. 1-Nov. 30	Command Climate Assessments
Sept. 1	National Suicide Prevention Month & Insider Threat Awareness Month
Sept. 5	E6 Advancement Exam
Sept. 11	National Day of Service and Remembrance
Sept. 12	E5 Advancement Exam

DEADLINES:

Sept. 30	2024 Application Deadline for TA and NCPACE
Sept. 30	Enlisted to Medical Degree Preparatory Program (EMDP2) Applications Due
Oct. 31	National Intelligence University AY 25-26 Cohort Applicants Deadline for Detailer Release
Dec. 31	Deadline for Enlisted applications to the Naval Academy Class of 2029

Navy Office of Information

SPOTLIGHT

GUIDANCE ON POLITICAL ACTIVITIES

Are you familiar with the regulations regarding political activities for service members? Now that the 2024 election season is upon us, it is more important than ever to remember that the Navy is an apolitical body. Sailors cannot participate in activities that could appear to imply Navy sponsorship, approval, or endorsement of a political candidate, campaign, or cause. This includes online activity. See ALNAV 061/24 for more information.

NAVY CULTURE

NEW MNCC WEBPAGE

NEW MNCC WEBSITE

Did you know that the online Navy pay and personnel help center has a new home? MyNavy Career Center (MNCC) is in a new location on the MyNavy HR website at "About MyNavy HR > Commands > MyNavy Career Center". Here you can find basic information about MNCC's services, including pay and travel claim inquiries, electronic service record updates, selection board correspondence, information about GTCC use during PCS, and much more.

PROFESSIONAL DEVELOPMENT

TA AND NCPACE INFORMATION MEETINGS

If you're interested in using TA to get a degree but don't know where to start, the Navy College Program hosts monthly virtual TA and NCPACE informational briefings. All briefings are conducted from 1500-1600 EST on Microsoft Teams. Learn about TA or NCPACE eligibility, including steps and processes, degree and certificate opportunities, and more. Register using the QR code to the right, or learn more here.

SCAN THIS QR CODE

NEC SPOTLIGHT

Enlisted Taechnical Leaders (ETL)

ETLs are the subject matter experts who represent their NECs. These experts play a vital role in strategic planning and provide deck plate information required for resolving issues and implementing appropriate policy. To harness this pool of talent, and to ensure that the enlisted perspective is represented, BUMED has developed and implemented the ETL Program. The ETL is an advisory position only and is not intended to dilute primary, legal, or regulatory responsibilities of the Navy's command structure.

IMMEDIATE ETL POSITIONS NEEDED:

* L36/37A – Dental Lab Basic/Advance (Secondary)
* L19A – Optician (Fabrication)
* L03A – Field Medical Tech (Primary & Secondary)
* 810C – SARP Counselor (Secondary)
* L20/21A – PT & OT (Secondary)
* L10A – Surface IDC (Secondary)
* L22A – Pharmacy (Secondary)
* L23A – Surgical Tech (Primary and Secondary)
* L24A – Behavior Health Tech (Secondary)
* L35A – Dental Hygiene (Primary & Secondary)

INTRESTED IN BECOMING AN ETL?

More Information can be found in BUMEDINST 5420.13D or by contacting the Hospital Corps Planners at usn.ncr.bumedfchva.mbx.hm-planner@health.mil

COMMAND IN THE SPOTLIGHT

Navy Medicine Readiness and Training Command Camp Pendleton

Navy Medicine Readiness and Training Command (NMRTC) Camp Pendleton is comprised predominantly of military members that support Naval Hospital Camp Pendleton. The command supports overall Navy and Marine Corps readiness by training military command members to ensure they are ready to deploy and provide medical support to various operational Navy and Marine units deployed, ashore or at sea.

The command mission is to train, deploy and deliver quality healthcare and the command vision to be the preferred choice.

NH Camp Pendleton is a 38-bed community hospital situated aboard Marine Corps Base Camp Pendleton in north San Diego County, California. The facility has a 4-bed intensive care unit, a 26-bed emergency department, an 8-bed labor and delivery unit, a 16-bed mother-infant unit, and a 10-bed multi-service ward. Additionally, there are 9 operating room suites, 2 endoscopy suites, and 2 oral surgery suites.

NH Camp Pendleton is the largest Family Practice Teaching Facility in the Navy with 39 family medicine residents, 3 sports medicine fellowships, 4 dental general practice residents, and 4 dentists participating in advanced education in general dentistry. Additionally, it serves a rotation site for several programs to include graduate nursing, Uniformed Services University medical students, primary care sports medicine electives, and IDC students. On an average day, NH Camp Pendleton fills 4,821 prescriptions, conducts 444 radiographic studies, conducts 3,452 laboratory studies, has 2,679 outpatient encounters, has 109 emergency department visits, delivers between 3 and 6 babies, admits 12 patients, conducts 13 surgical procedures, and has an inpatient census of 26.

There are also NMRTUs across Marine Corps Base Camp Pendleton, Marine Corps Air Station Yuma, Naval Base Ventura County, and the city of Temecula, California.

The combined staff of 2,525 military, civil service and contract personnel, and reservists provide a diverse workforce which is rich in experience and provides the highest quality care to our beneficiaries while continuing to train our newest clinical, administrative, logistics and technical professionals to prepare them for worldwide assignment, contingency response, operational employment, and successful military careers.

Additionally, NMRTC Camp Pendleton includes several deployable medical platforms including Expeditionary Medical Facility 150 Alpha which activated on Sept. 30, 2022.

BRAVO ZULU JOB WELL DONE!

Hospital Corpsman 2nd Class Marcelo G. Carrejo

I Marine Expeditionary Force/1st Marine Division/1st Marine Regiment

Hospital Corpsman 2nd Class Marcelo G. Carrejo was an integral member of the combined medical team at Camp Wilson consisting of 12 Marine commands while participating in an MAGTF Warfighting Exercise. Not only did he provide specialty care to five patients experiencing mental health crises, but he also took on the responsibilities outside of the normal capacities of a behavioral health technician. He performed as the sole medical department representative for four of the 25-day evolution resulting in 250 Marines and Sailors having access to high quality medical care in an austere environment.

Carrejo stood 45 hours of COC watch assuming the role as assistant medical planner, normally reserved for staff non-commissioned officers or officers, during which time he seamlessly coordinated point of injury care and transportation of 20 real world casualties to appropriate levels of care and briefing the commanding officer at 1st Marine Regiment the status of all causalities. His actions were invaluable in safely and successfully executing the mission of 1st Marine Regiment and its subordinate commands.

Religious Program Specialist 2nd Class Justin D. Theiler

I Marine Expeditionary Force/3rd Marine Aircraft Wing/Marine Wing Headquarters Squadron

Religious Program Specialist 2nd Class Justin D. Theiler, a key player in Service Level Training Exercise 2-24 in 29 Palms, California, showcased exceptional leadership as the leading petty officer, overseeing a team of five religious program specialists supporting 531 Marines and Sailors. His guidance on religious matters and ethical decisions to command triads was pivotal.

Additionally, he provided force protection and expeditionary ministry combat operations support training to external religious ministry teams, impacting the 1st Marine Division and 1st Marine Logistics Group. Handpicked for unit support at the Weapons and Tactics Instructor course, Theiler offered spiritual fitness and deckplate ministry to seven squadrons and 53 shops, positively influencing 240 Marines and Sailors.

Furthermore, in Exercise Balikatan, he spearheaded a U.S. Embassy humanitarian project post a super typhoon, strengthening US-Palau relations and enhancing local quality of life. In his role supervising four personnel on the flightline, Theiler significantly contributed to mission readiness. His forward thinking and ability to operate independently underscores his strategic value.

BRAVO ZULU!

RP Corner

Spiritual Readiness

Some of the school districts in the Commonwealth of Virginia commenced on the third week of August 2024. I have a six-year-old son that has entered the 1st grade, and he was filled with excitement all summer long due to not being in kindergarten. After his second day of school, my son came home and found me in the garage at the perfect moment-just completing my PT session. After we greeted each other with much gratitude and smiles, his first words were “Daddy, can I tell you something”? I responded, absolutely son, you can tell me anything. Next was his rant ... my class went to the playground today, but we did not get the same amount of time to play as the other classes. I am not sure why they got more time to play than we did, but that’s not fair, and I was really upset. I took a second or two to digest my son’s words and his feelings before trying to assist him with his worlds problem.

My response: I can see why that would make you upset, and I also agree, everyone should have the same amount of time on the playground. With that being said, I am sure there is valid reason why your class did not get the same amount of time to play as the other classes. Remember, this was just the second day of school, and the teachers are probably trying to get used to the schedule just like the students. I think we should give the teachers more time to figure out their daily schedules, and I promise you things will get better. My son said, “thank you Daddy” and carried-on outside to go play with his friends.

In life, it’s very easy to get discouraged and frustrated when things may not be fair or go your way as planned. Although we may not know or understand the reasons, there is rationale. Maybe the justification of unfairness and failed planning is simply out of your control, maybe you are being covered and protected from harm and the delay saved you, maybe you’re not ready to take the next step, and or maybe the opportunity or evolution is not for you now. Whatever the reason, always strive for gratitude and know that things always get better with time, especially as we begin to enter a new fiscal year.

FAIR WINDS AND FOLLOWING SEAS

HM2	SANIDAD ANDREW GERON
HM2	SLOWNCORONADO DANIEL SAMUEL
HM1	PHILLIPS JOSHUA ETHAN
HM1	BRADSTREET TRENICE SHAWANA
HM1	LIANOZ RANDY
HM1	GUTIERREZ ARNALDO
HM1	CARINO ROGER RACUYA
HM1	LUNATI JENNIFER LYNN
HM1	ALLRICH RODNEY
HM1	MAZYCKBATES AMBER SHAVONNE
HM1	ZUNKER CHRISTOPHER KEVIN
HM1	JOHNSON ANDREW JAMES
HM1	VALENTINE LAMARR MARQUIS
HM1	DONNELLY JOSHUA RYAN
HM1	NICHOLS BRANDON ALEXANDER
HM1	WALKER TERRO JERVONE
HM1	JAMES JEREMIAH JERELL
HM1	ORTIZ STEPHANIE DESIREE
HM1	COLLEY CHRISTOPHER M
HM1	HOLLAND WINSTON BERNARD JR
HM1	FLORES ELIAZAR
HM1	BAUER MATTHEW WILLIAM
HM1	JOHNSON BRANDEN GLENN
HM1	OCHARAN JULIUS TRIAS
HM1	BURFEIND PETER CHARLES
HM1	ODELL AMY ELIZABETH TYO
HM1	ARGUETA ERNESTO JR
HM1	GALLAGHER CHRISTOPHER DANIE
HM1	RAMOS EFRAIN JR
HM1	GARCIA MELISSA MARIN
HM1	ABASS YEISHIA R
HM1	COX MARVIN
HM1	CASTILLO SHAWNERIC QUIAMBAO
HM1	DIALINO DANIEL GARFIELDHIDA
HM1	GRAHAM KARL GUY
HM1	LORIA MARSHALL EVERETT
HM1	WILLIAMS AURA MEDINA
HM1	FRAZERLEONGUERRERO THERESA
HM1	WELCH CATHERINE DIANE
HM1	STOREY JACOB CHRISTOPHER
HM1	HIGGINBOTTOM MAURELL DESEAN
HM1	HUFFMAN JONATHAN STEPHEN
HM1	BROWN JASON SCOTT
HMC	PINON CHRISTOPHER JASONSERR
HMC	CRISOSTOMO MARIA AMPARO
HMC	COMEAUX JODY BLAINE
HMC	UY GLICKNONNATO JO
HMC	HARRISON MELECIA LATOYA
HMC	TORRES CHARISSE JAVIER
HMC	DYE ANDREW JASON
HMC	HIGH ROBERT WILLIAM
HMC	HEISELMAN JENNIFER SUE
HMC	MEDINA KRISTY MARIE
HMC	ATENCIO JEAN CARLOS
HMC	DESOUZA MARIA CHARISSE MAE
HMC	PARTIDAJACOBO DANIEL
HMC	MOUNTS ANTHONY RICHARD
HMC	WAUGH CRISTINA MARIE
HMC	SALVIEJO CLIFFORD LEECABOTA
HMC	SOBRINO SAMUEL ANTONIO
HMC	BIARES ROMANRAM VASQUEZ
HMC	MANALILI PHILLIP RODNEY
HMC	CAVALIERE DAVID ARTHUR
HMC	COPE JOHN JOAQUINFRITZ
HMC	RAMIREZ MELISSA KRISTINE
HMC	RIVAS MARK STEVEN
HMC	FARINAS ANGELA SCOTT
HMC	ESPEJO DANTE DEJITO
HMC	LIBRANDO LAWRENCE BINAS
HMC	JONES ANN CAPPS
HMC	AQUINO ELMER REYES
HMC	PEREZ FELIX R
HMC	JONES DANDREA
HMC	AHUMADA FRANCO LUIS
HMC	MIRANDA MARKANTHONY SORIANO
HMC	DOMINGUEZ EDWIN GILBERTO
HMC	AGUILAR VICTOR MANUEL
HMC	GARCIA LUIS
HMC	CARSWELL KYLE WILLIAM
HMC	CAMACHO REYES III
HMC	VELASQUEZ JEREMY SEANPHILLI
HMC	WIENCEK WALTER CHARLES
HMC	FIELDS DON ANTHONY
HMCS	ACOSTA JORGE L
HMCS	RAMOSRODRIGUEZ ELIZABETH J
HMCS	AMADOR LUIS FERNANDO
HMCS	BROWN DIXON SETH
HMCS	CHUBB ANDREW THOMAS
HMCS	PARRA FREDDY LUIS
HMCS	FREYTAG PHILIP LAURENCE
HMCS	CORTESMORALES JAVIER ANDRES
HMCS	PHILLIPS MICHAEL GENE
HMCS	MCCULLOUGH JOSHUA LEE
HMCS	QUEJADO PETER SORIBEN II
HMCS	INDA JAIME GERONIMO
HMCS	MEADORS SEAN THOMAS
HMCM	JOHNSON EUGENE ARTHUR JR
HMCM	LITTLE MARK PHILIP
HMCM	INGRAM CRYSTAL ELEASE
HMCM	CARBONE JAMES STEVEN
HMCM	MATHIESEN GREGORY KENNETH
HMCM	PERRY CORY DANIEL

For many years these Sailors stood the watch.
While some of us were in our bunks at night these Sailors stood the watch.
While some of us were in school learning our trade these shipmates stood the watch.
Yes.. even before some of us were born into this world these shipmates stood the watch.

In those years when the storm clouds of war were seen brewing on the horizon of history these shipmates stood the watch. Many times they would cast an eye ashore and see their family standing there, needing their guidance and help, needing that hand to hold during those hard times but they still stood the watch.

They stood the watch for twenty years or more. They stood the watch so that we, our families and our fellow countrymen could sleep soundly in safety, each and every night, knowing that a Sailor stood the watch. Today we are here to say, Shipmates the watch stands relieved. Relieved by those you have trained, guided, and led. Shipmates you stand relieved.

WE HAVE THE WATCH

FALLEN, BUT NEVER FORGOTTEN

Hospital Corpsman 1st Class Darrel L. Enos

36, of Colorado Springs, Colorado, died Aug. 17, 2012, while supporting combat operations in Farah Province, Afghanistan. Doc Enos was assigned to 3rd Marine Special Operations Battalion, Camp Lejeune, North Carolina.

Hospital Corpsman 3rd Class Clayton R. Beauchamp

Beauchamp, of Weatherford, Texas, died Aug. 7, 2012, when his unit was attacked with an IED while conducting a dismounted patrol in the Shaban District, Helmand Province, Afghanistan. Doc Beauchamp was assigned to 1st Battalion, 1st Marine Regiment, Regimental Combat Team 6, 1st Marine Division (Forward), I Marine Expeditionary Force (Forward), Camp Pendleton, California.

Hospitalman Riley Gallinger-Long

19, of Cornelius, Oregon, died Aug. 11, 2011, while conducting a dismounted patrol in the Marjah District in Helmand Province, Afghanistan. Doc Gallinger-Long was assigned to 1st Battalion, 6th Marines, Regimental Combat Team 1, 2nd Marine Division, II Marine Expeditionary Force at Camp Lejeune.

Hospital Corpsman 3rd Class James M. Swink

20, of Yucca Valley, California, died Aug. 27, 2010, while supporting combat operations in Helmand Province, Afghanistan. Doc Swank was assigned to 2nd Marine Division, II Marine Expeditionary Forces.

Hospital Corpsman 3rd Class Anthony C. Garcia

21, of Tyndall, Florida, died Aug. 5, 2009, during combat operations in Farah Province, Afghanistan. Doc Garcia was assigned with 2nd Battalion, 3rd Marines, 3rd Marine Division, out of Kaneohe, Hawaii.

Hospital Corpsman 2nd Class Anthony M. Carbullido

25, of Agat, Guam, died August 8, 2008, in Sangalesh, Afghanistan, from injuries suffered when the vehicle in which he was riding hit an improvised explosive device. Doc Carbullido was IA to OEF from Naval Hospital Corps School, Great Lakes, where he served as an instructor.

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